

NUTRITIONAL FACTS

Marilyn's Gourmet Gluten Free

2 lb. Fruit Cake in Gift Tin

Fruit Cake

Nutrition Facts			
Serving Size: 1 serving (43.0g)			
Servings: 21			
Amount Per Serving			
Calories 160	Calories from Fat 70		
% Daily Value*			
Total Fat 8g	12 %		
Saturated Fat 2.5g	12 %		
Trans Fat 0g			
Cholesterol 10mg	3 %		
Sodium 70mg	3 %		
Total Carbohydrate 21g	7 %		
Dietary Fiber 1g	5 %		
Sugars 13g			
Protein 2g			
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS:

Select walnuts, pecans, raisins, dates, pineapple, cherries, rice flour, cornstarch, potato starch, unsalted butter, filtered water, honey, brown sugar, almonds, nonfat milk, corn syrup, gelatin, canola oil, pure vanilla extract, grainless and aluminum free baking powder, baking soda, veg mono and diglycerides, citric acid, nutmeg, cinnamon, natural spices, all natural peach brandy (0.05% alcohol by content), sherry (0.05% alcohol by content), xanthan gum, sea salt, red 40, blue 1, yellow 5.

CONTAINS: DAIRY, SOY, TREE NUTS